

THEME OF THE MONTH: SPREADING KINDNESS (HKL)



February is all about spreading Kindness. Throughout the month, students will take part in weekly kindness challenges designed to encourage positive actions, empathy, and thoughtful choices both in and out of the classroom. These activities will help students practice speaking and living HKL by showing respect, supporting others, and sharing love within our school community. We look forward to celebrating the many ways our students make a difference through their kind words and actions this month.

FEBRUARY CORE VALUE: INTEGRITY

Integrity is doing the right thing even when it's hard or when no one is looking. Many people only do what they are supposed to because they know that an authority figure is watching. If someone is watching them, then they do what they are supposed to only because they don't want to get in trouble. That's not sincere. It's not in their heart to be honest because they are doing it out of fear of the consequences. True integrity is abiding by the rules because you know that it's the right thing to do.

*"Integrity
is doing the
right thing,
even when no one
is watching."*

SPELLING BEE 2026



We are thrilled to announce that Gobind Sarvar Calgary will be hosting the 2026 Spelling Bee Competition again this year!

In Class Competition

In-Class competitions will be held in the week of Feb. 17th-19th!

Grade-Level Competition

Grade 4: Monday, Feb 23rd (Morning)

Grade 5: Tuesday, Feb. 24th (Morning)

Grade 6: Thursday, Feb. 27th (Morning)

Grade 7 & 8: Friday, Feb 27th (Morning)

Grade 4-6 Final Competition

In-School Final Competition will be held on Wednesday, March 4th!



PINK SHIRT DAY



PiNK SHiRT DAY
FEB 25²⁰₂₆

Pink Shirt Day will be on **Wednesday, February 25th!**

This is an important event in our school as it raises awareness about bullying and promotes kindness, empathy, and inclusion. Celebrated annually, the day encourages students, teachers, and staff to wear pink shirts to show solidarity in the fight against bullying. It serves as a reminder to create safe and supportive environments where all students feel valued, respected, and accepted. By participating in Pink Shirt Day, students learn about the power of standing up for others and fostering positive relationships!

JUMP ROPE FOR HEART

♥ GNG Campus is Jumping for Heart! ♥

GNG Campus is excited to be participating in Jump Rope for Heart, a heart-healthy fundraiser that supports the Heart & Stroke Foundation. This initiative helps teach students the importance of physical activity, healthy living, and giving back to the community.

We invite our families to support our students by making a donation to our school's Jump Rope for Heart campaign.

Every contribution—big or small—helps fund life-saving research and programs while encouraging our students to stay active and make a difference.

Thank you for your continued support and for helping our students jump into healthy hearts and healthy futures!



👉 **Donate here:**

<https://jumpropeforheart.crowdchange.ca/126947>



2026 SCHOOL SCIENCE FAIR

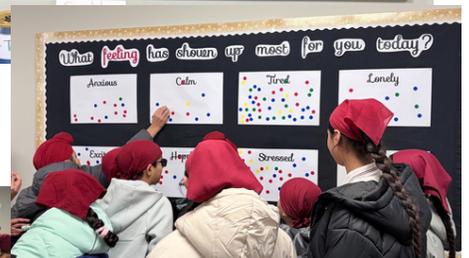
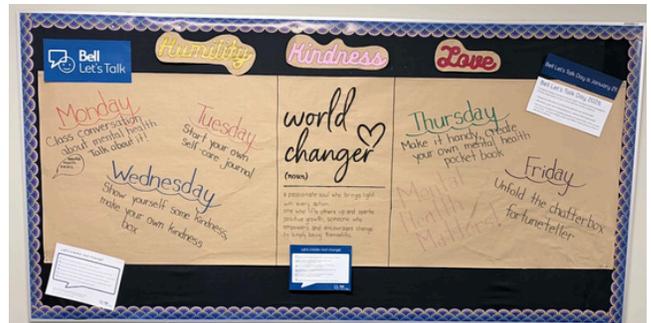


BELL: Let's Talk Week

Bell Let's Talk Day is a major Canadian mental health initiative dedicated to reducing stigma and promoting awareness, acceptance, and action. Launched in 2010, it has become the world's largest conversation about mental health, encouraging people to share their stories, support one another, and take meaningful action to improve mental well-being.

The 16th annual Bell Let's Talk campaign took place on January 21, 2026, with a focus on taking a moment for mental health. This year's theme highlighted the importance of mental wellness, self-care, and supporting one another in everyday life.

Throughout the week of January 19, GNG students participated in a variety of activities designed to promote reflection, connection, and positive mental health practices. These activities encouraged students to learn, share, and engage in conversations that support a healthy and caring school community.



Students found this activity really interesting and have filled each others boxes with lovely messages 😊



FEBRUARY 2026

| SUN | MON | TUE | WED | THURS | FRI | SAT | |
|-----|----------------------------------|------------------------------------|--|--|---|--|----|
| 8 | 9 | 10 | 11 | 12 High School PTCs (4:00pm to 7:00pm) Small Gym | 13 PD Day! No School | 14 | |
| 15 | 16 Family Day! No School | In-Class Spelling Bee Competition! | | | 19 | 20 100th Day of School! Dress up like you're 100 years old or Create a t-shirt with 100 items on it | 21 |
| 22 | 23 Grade 4 Level Spelling Bee | 24 Grade 5 Level Spelling Bee | 25 Pink Shirt Day!  | 26 Grade 6 Level Spelling Bee | 27 Grade 7 & 8 Level / Division Spelling Bee | 28 | |
| 29 | 2 | 3 | 4 Division 2 Spelling Bee | 5 | 6 | | |

